

# **Regenerative Education**

# From a pathogenic to a salutogenic approach to education

**Green School Education** 

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# My provocation: Schooling today is pathogenic



### We can generally agree that industrialization's relationship to the environment must change

### How we got here Industrialization ••••• 1760 - 1987 2020+ 1987 - 2020 Extract Sustain Regenerate Deplete | deforest | degrade Reduce | Reuse | Re-cycle Rethink | Restore | Replenish Human activity since the Industrial Revolution has As awareness of these challenges spread, we Now we seek to learn from Earth's living systems

put growing pressure on our planet, leading to environmental degradation. sought to 'do less harm' to the planet.

### LIVE WORLDWISE.

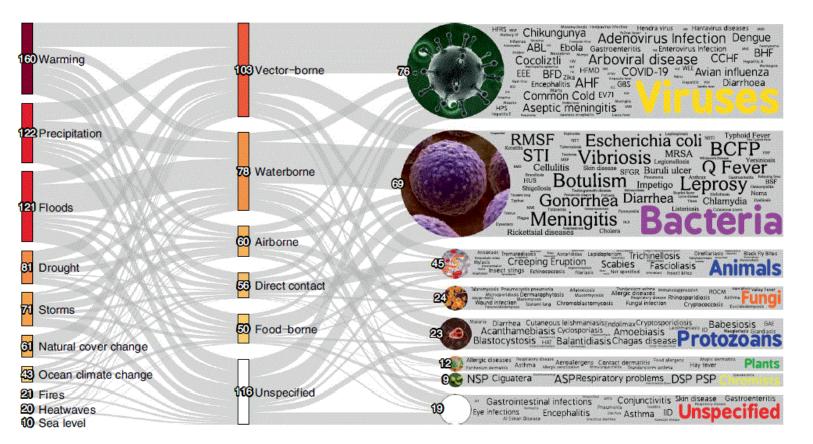
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#### 4

and look to a regenerative future.

# The pathogenic paradigm

Some link industry's extractive environmental practices directly to an increase in disease proliferation. Borrowing this heuristic, I argue that **industrial education practices** are 'extractive' in terms of its impact on student well being and flourishing. Moreover, many of our efforts to improve matters adopt a **pathogenic** approach.



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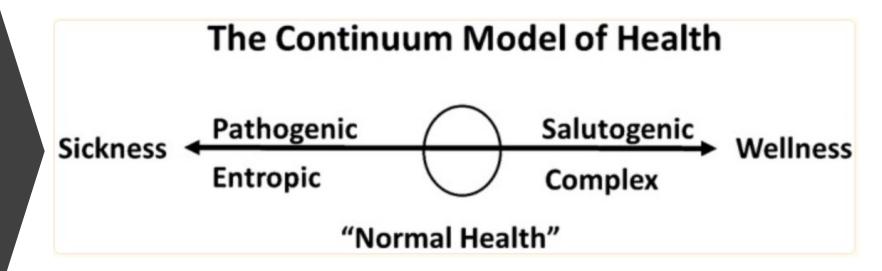
in Motion

### Antonovsky's salutogenesis



- In Antonovsky's salutogenic approach to health care a key term is 'sense of coherence' (SOC). This is 'a way of looking at the world' (Antonovsky, 1987) and coping with stressors that sees life as understandable, manageable, and meaningful (Fries, 2020).
- Like Bourdieu's 'habitus' SOC is a learned set of preferences or dispositions by which a person orients to the social world.
- 'From the time of birth, or even earlier, we constantly go through situations of challenge and response, stress, tension, and resolution. The more these experiences are characterized by consistency, participation in shaping outcome, and underload-overload balance of stimuli, the more we begin to see the world as being coherent and predictable' (Antonovsky, 1987).

# A salutogenic approach to health



### Pathogenesis in education



- 'Pathogenesis starts by considering disease and infirmity and then works retrospectively to determine how individuals can avoid, manage, and/or eliminate that disease'. (Antonovsky Aaron. Unravelling the mystery of health. San Francisco: Jossey-Bass; 1987.)
- Antonovsky explains that 'the disease care institution, organized around the problem of pathology, is more comfortable with the individual patient who has come down with a diagnosable disease for which effective therapy is available' (Antonovsky, 1987)

### Educational example of a pathogenic approach:

- Disease: Schools are working with students experiencing increased levels of stress and anxiety
- Treatment: Build strategies aimed at increasing student 'resilience.'
- 'The emphasis of the pathogenic approach is on understanding the causes and consequences of disease, rather than understanding the factors that promote health and healing.'

(Fries CJ. Healing Health Care: From Sick Care Towards Salutogenic Healing Systems. Soc Theory Health. 2020;18(1):16-32. doi: 10.1057/s41285-019-00103-2. Epub 2019 Apr 11. PMID: 32226316; PMCID: PMC7099730.)

# Salutogenesis and its relevance to education



Learning as providing a sense of coherence in the face of 'generalized resistant resources'

- GRRs run the range from genetic and biophysical properties of the individual all the way up to the structural and cultural properties of societies' (Fries, 2020).
- 'GRRs are an expansive concept, including factors such as: adaptability on the physiological, biochemical, psychological, cultural, and social levels; profound ties to concrete, immediate others; and commitment of and institutionalized ties between the individual and the total community' (Fries, 2020).

### Learner stress/anxiety using the resilience strategy example

• Pathogenic education individualizes the problem and leads to a deficit approach. The student becomes further isolated from the rest of the community. Furthermore, this approach negates the importance of GRRs as described above.

### Consider the following statement about health in the context of education:

 'health derives in part from our ability to adapt and the faith in the future that we develop as children, as well as from the friendship and support networks to which we have access at work, at home, and in the community. Health also stems from our sense of having room to manoeuvre along with some control over our work, and from our capacity for dealing with abrupt changes in our lives'

(Renaud M, et al. The future: Hygeia versus Panakeia. In: Evans RG, et al., editors. *Why are some people healthy and others not?* New York: Aldine De Gruyter; 1994. pp. 317–334).

In education terms building flex, optimism, relationships, community, agency become the core knowledge, skills, and dispositional traits for navigating VUCA and maintaining flourishing. Isn't this the deeper purpose of education?

### Contextualizing salutogenic approaches in education



Salutogenesis					
	Assets for healt	h and well-being			
Thriving (Carver) Self-effi (Bandura		AttachmentCoping (Lazarus)Reasonableness (Kaplan)			
	obasa) (Nygren)	ngth Humour (Martin) Locus of Control (Rotter)			
Learned optimism (Seligman)	Cultural capital (Bourdieu)	Empowerment Wellbeing (Freire) (Diener)			
Learned hopefulness (Zimmerman)	Social capital (Putnam)	Resilience (Werner) Posttraumatic personal growth (Tedeschi)			
Learned resourcefuln (Rosenbaum)	Quality of Life (Lindström)	Will to meaning (Frankl) Ecological system theory			
Sense of Coherence (Antonovsky)	Connectedness (Blum)	Flourishing (Keyes) (Bronfenbrenner) Interdiciplinarity			
Social and emotional (Goleman)	intelligence Action competence (Bruun Jensen)	(Klein)			

### Salutogenic transformation in learning communities



Salutogenic approaches

Harmony

Health

Balance

Direction

Agency

Purpose

Entropy Imbalance Disease Confusion Disempowerment Purposelessness

Pathogenic approaches



# A Case Study: The Green School

### A complex systems approach



I am arguing that more than ever, the job of education is to nurture *phronesis*\* (practical wisdom) as a route to regenerative living. Green School's vision is for learners to 'thrive with purpose.' Its curriculum framework is designed to build phronesis through the understanding that living is iterative and learning regenerative.

\*Phronesis is simply one description of the moral self. Based on context, can and should be substituted with models drawn from indigenous knowledge systems, which are.

- 1. Learning design curriculum & pedagogy
  - 4 foundations
  - Green Literacies
- 2. Evidencing eco-system assessment & evaluation
  - Seeing growth
  - Capturing attainment
  - Avoiding metrics of scale
- 3. Learning translation recognition & understanding
  - A complex systems problem
  - Clinging to parts rather than embracing the elephant
- 4. Learning environment architecture & community
  - Space that amplify
  - Serving all stakeholders



# Green School Learning Design

### **Green School Curriculum** A Template for Regenerative Education

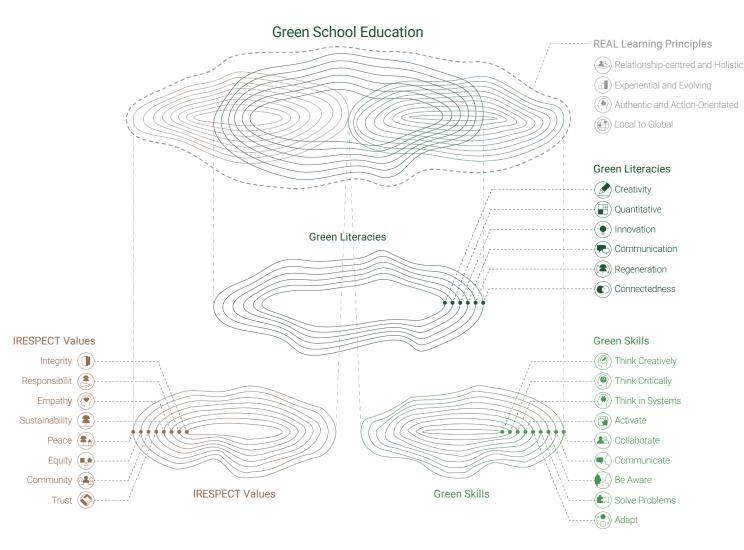


### **Innovative Curriculum**

The Green School's dynamic interdisciplinary approach is grounded in real-world sustainability challenges and provides future-focused and rigorous academic pathways. Green School's signature Green Literacies Framework, builds the fluency necessary for success as we transition to a more sustainable future for ourselves and the planet. This ground-breaking learning experience sets a new bar for the future of education and sudent progress evaluation.

#### Available across

Early Childhood Primary/Elementary school Middle School High School (Green School Diploma)



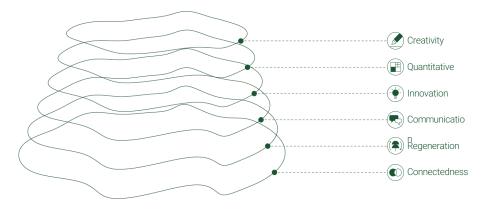
Green School Education

### **Green Literacies Framework** Middle & High School

The interdisciplinary approach to disciplinary knowledge and skills is learned through a project-based curriculum. This principle recognises specific areas of expertise are deepened through regular standalone subject learning. For most of the Green School learning journey the curriculum is curated using 6 green literacy strands, each containing 3 concept domains and 9 knowledge dimensions.

The Middle and High School framework articulates the culminating levels of fluency across the 6 literacies.

#### **Green Literacies**





Creativity	Quantitative	Innovation	Communication	Regeneration	Connectedness
<b>Appreciation</b>	Number Sets & Models	<b>Chemistry</b>	<b>Proficiency</b>	Environmental Science	<b>Self</b>
Emotions & Senses	Number Systems	Chemical Transformation	Decoding Language	Ecological Systems	Physical
Aesthetic	Data & Statistical Models	Chemical Systems	Communicating with Purpose	Biological Systems	Emotional
Cultural	Graphical Representation	Living & Non-Living Systems	Multilingualism	Earth Sciences	Cognitive
<b>Inspiration</b>	<b>Geometry</b>	<b>Physics</b>	<b>Expression</b>	<b>People &amp; Society</b>	Humanity
Nature	Shape and Space	Movement, Forces & Space	Spoken Narratives	Cultural Systems	Ethics
Passions	Geometric Models & Proofs	Energy & Work	Listening and Response	Circular Economy	Inclusivity
Causes	Transformations	Physical Systems	Digital Reach	Education & Health	Identity & Diversity
<b>Exposition</b>	<b>Relations &amp; Functions</b>	<b>Solutioning</b>	<b>Meaning</b>	<b>Changing Planet</b>	<b>Nature</b>
Mastery & Craft	Domains Sets & Mapping	Technological Design	Critical Consumers	Resources and Geopolitics	Natural World
Solo	Statistics & Society	Entrepreneurial Mind	Power of Communication	Climate Change	Systems
Collaborative	Complex Functions	Sustainable Partnerships	Shared Humanity	The Built Environment	Design
Creative literacy is crucial for generating innovative and sustainable solutions to complex challenges. It enables individuals to think critically, identify opportunities for positive change, and develop creative approaches to address environmental and social issues.	Quantitative literacy is essential for understanding sustainability metrics, analysing environmental data, and making informed decisions based on quantitative information. It enables individuals to assess the environmental impact of various actions, measure progress towards sustainability goals, and identify areas for improvement.	Innovative literacy plays a key role in driving sustainable practices and solutions. Being innovative involves finding new ways to reduce resource consumption, develop clean technologies, and implement sustainable business models. It also requires a mindset that embraces circular economy principles and fosters continuous improvement.	<b>Communicative literacy</b> is vital for promoting sustainability initiatives and engaging stakeholders. Communicative literacy allows individuals to convey the importance of sustainability, advocate for environmentally responsible practices, and collaborate with diverse stakeholders to drive sustainable change.	Regenerative literacy aligns closely with sustainability goals. It involves understanding and implementing practices that restore ecosystems, promote biodiversity, and regenerate natural resources. Individuals with regenerative literacy can contribute to sustainable agriculture, renewable energy, and regenerative design, among other areas.	Connected literacy is crucial for leveraging technology and global networks to advance sustainability efforts. It enables individuals to access and disseminate information about sustainable practices, collaborate with international partners on sustainability projects, and utilize digital platforms to raise awareness about environmental issues.

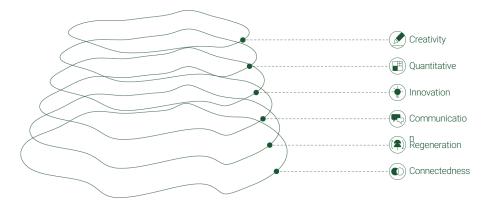
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### **Green Literacies Framework** Primary School

The interdisciplinary approach to disciplinary knowledge and skills is learned through a project-based curriculum. This principle, however, recognises specific areas of expertise are deepened through regular standalone subject learning. The Green School learning journey is anchored using 6 green literacy strands, each containing 3 concept domains and 9 knowledge dimensions.

The Primary School framework articulates the developmental stages of fluency building across the 6 literacies.

#### **Green Literacies**





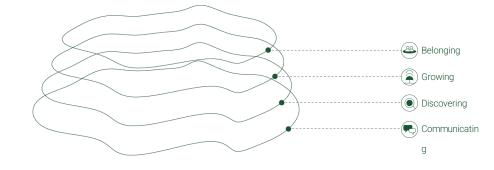
Creativity	(III) Quantitative	() Innovation	Communication	Regeneration	© Connectedness
Appreciation	<b>Number</b>	<b>Chemistry</b>	<b>Proficiency</b>	<b>Environmental Science</b>	<b>Self</b>
Emotions & Senses	Building a Math Mindset	Matter	Learning Languages	Ecological Systems	Healthy Body
Artistic	Using Data	Reactions	Communicating	Biological Systems	Feelings
Cultural	Early Algebra	Atoms & Particles	Multilingualism	Earth Sciences	Healthy Brain
Inspiration	<b>Geometry</b>	<b>Physics</b>	<b>Expression</b>	<b>People &amp; Society</b>	Humanity
Nature	Shape and Space	Forces	Spoken Narratives	Cultural Systems	Making Good Choices
Passions	Geometric Designs	Movement	Listening & Response	Circular Economy	Including Everyone
Interests	Transformations	Energy	Digital Learning	Education & Health	Everybody Matters
<b>Exposition</b>	<b>Relations &amp; Functions</b>	<b>Solutioning</b>	<b>Meaning</b>	<b>Changing Planet</b>	<b>Nature</b>
Mastery & Craft	Numbers	Technological Design	Researching Information	Resources & Materials	Natural World
Solo	Graphs & Charts	Entrepreneurial Mind	Power of Communication	Climate Change	Making Links
Collaborative	Functions & Formulae	Sustainability	Shared Humanity	Structures & Buildings	Design in Nature
Creative literacy is crucial for generating innovative and sustainable solutions to complex challenges. It enables individuals to think critically, identify opportunities for positive change, and develop creative approaches to address environmental and social issues.	Quantitative literacy is essential for understanding sustainability metrics, analysing environmental data, and making informed decisions based on quantitative information. It enables individuals to assess the environmental impact of various actions, measure progress towards sustainability goals, and identify areas for improvement.	Innovative literacy plays a key role in driving sustainable practices and solutions. Being innovative involves finding new ways to reduce resource consumption, develop clean technologies, and implement sustainable business models. It also requires a mindset that embraces circular economy principles and fosters continuous improvement.	<b>Communicative literacy</b> is vital for promoting sustainability initiatives and engaging stakeholders. Communicative literacy allows individuals to convey the importance of sustainability, advocate for environmentally responsible practices, and collaborate with diverse stakeholders to drive sustainable change.	Regenerative literacy aligns closely with sustainability goals. It involves understanding and implementing practices that restore ecosystems, promote biodiversity, and regenerate natural resources. Individuals with regenerative literacy can contribute to sustainable agriculture, renewable energy, and regenerative design, among other areas.	<b>Connected literacy</b> is crucial for leveraging technology and global networks to advance sustainability efforts. It enables individuals to access and disseminate information about sustainable practices, collaborate with international partners on sustainability projects, and utilize digital platforms to raise awareness about environmental issues.

### **Green Literacies Framework** Early Childhood

The interdisciplinary approach to disciplinary knowledge and skills is learned through a project-based curriculum. This principle recognises specific areas of expertise are deepened through regular standalone subject learning.

However, in recognition of the differing developmental stages of the learner there are only 4 foundational literacies in Early Childhood.

#### **Green Literacies**



Belonging	(a) Growing	Discovering	Communicating
Identity (Self)	Healthy Bodies	Numbers & Shapes	Worlds
About Me	Human Body	Counting	Phonics
Similarities & Differences	Nutrition	Measuring	Early Reading
Feeling Safe	Keeping Fit	Shape & Space	Early Writing
<b>Security (Family)</b>	<b>Healthy Minds</b>	<b>Our World</b>	<b>Pictures &amp; Objects</b>
My Family & Relatives	Mindfulness	Living Things	Picture Books
My House & Home	Imagining & Creating	Made & Reclaimed Materials	Making & Appreciating
People Who Care For Me	Thinking About Others	Natural Materials	Digital Images
The Wider World	Healthy Relationships	<b>Build Up &amp; Break Up</b>	<b>Sounds</b>
Care For The Natural World	Making Friends	Cycles & Circularity	Making Music
Care For Our Neighbourhood	Seeking Connections	Building Things	Story Telling
International Connections	Patterns & Sequences	Taking Things Apart	Speaking & Listening
<b>Belonging</b> entails understanding the connections that bind all living things together. It enables young learners to see themselves as part of the larger web of life by fostering a deep sense of responsibility towards preserving both diversity and harmony in the natural world.	Growing embodies the cultivation of knowledge, skills, and attitudes that contribute to personal and environmental flourishing. This literacy helps young learners develop agency and personal resilience within the context of ecological understanding and play-based landscapes.	<b>Discovering</b> celebrates the innate curiosity of young minds and their inclination to ask questions about the natural world. Through joyful exploration and hands-on experiences, this literacy builds a foundational connection to nature, sowing the seeds of lifelong environmental awareness and stewardship.	<b>Communicating</b> focuses on a language of care and wonder for the environment. Through various forms of expression, from art and storytelling to simple conversations, this literacy nurtures a sense of empathy for all living things by enabling young learners to convey their observations, feelings, and ideas about the natural world.

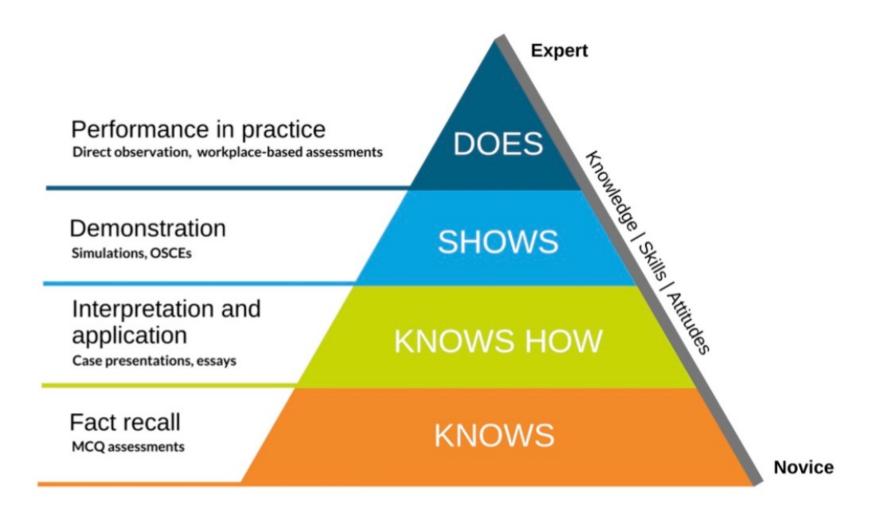
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# Green School Evidencing Eco-system

### **Miller's Pyramid**

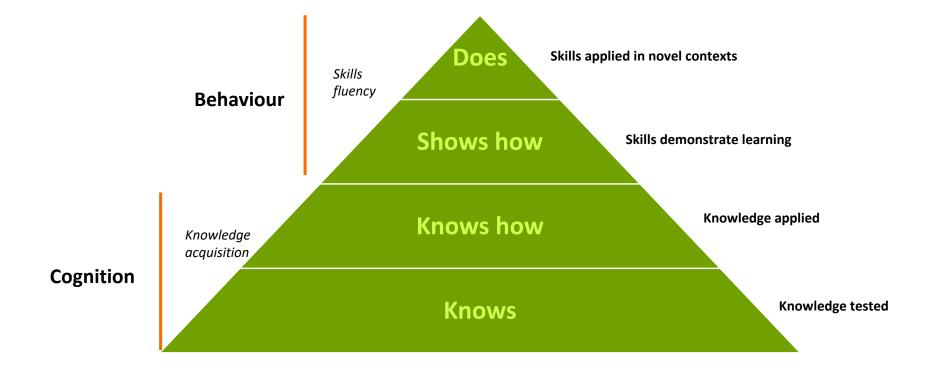




### Miller's model as literacies fluency







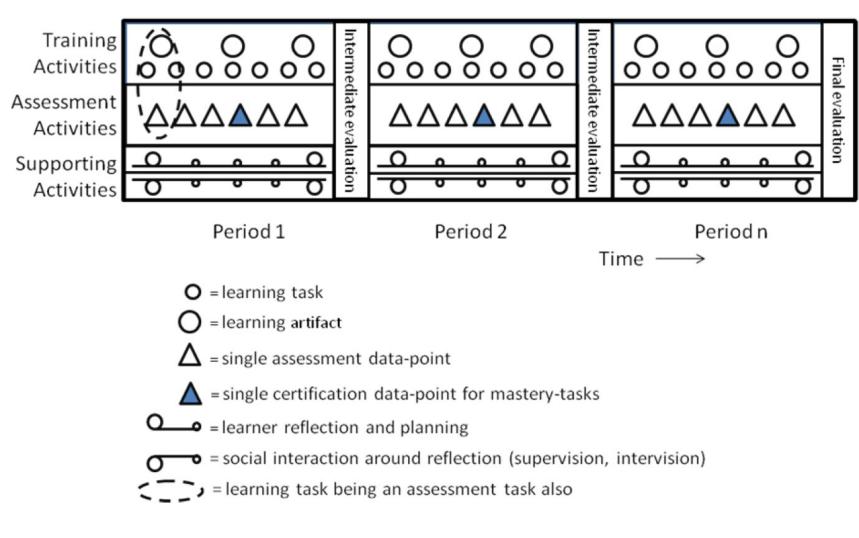
# Evidencing learning: 4 modes of evaluation and assessment data



Knowledge tested for mastery	Knowledge applied with self-reflection
<ul> <li>Machine enhanced feedback and evaluation</li> <li>Peer evaluation</li> <li>Expert evaluation</li> </ul>	<ul> <li>Self-evaluation of knowledge acquisition</li> <li>Self-evaluation of skill application</li> </ul>
Skills demonstrated using peer intervision	Skills demonstrated using expert supervision
<ul> <li>Intervision involves a group approach to problem identification using interrogative questioning of each other' understandings and ideas</li> </ul>	• Application of knowledge and skills to solve novel real-world problems and/or offer scenarios for further exploration

### **Cadence of evidencing and evaluation**





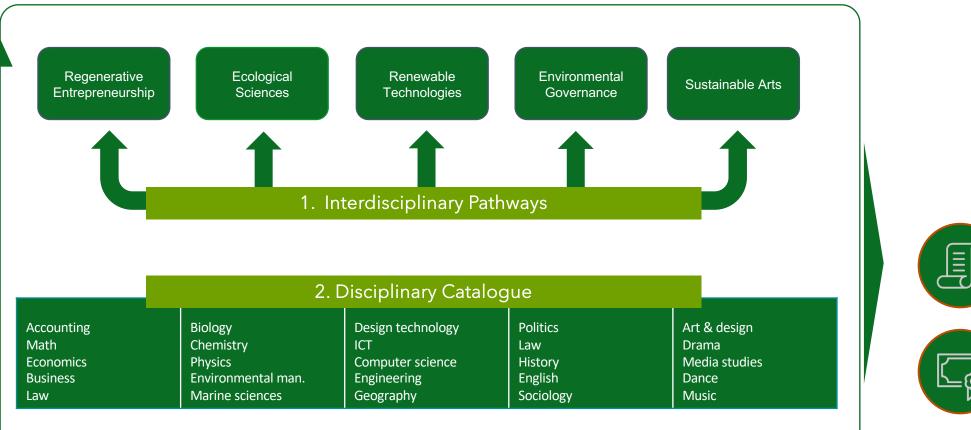
### *Evidence of learning combines: learning – artifact – data - support*



# Green School Learning Translation

### **The Green Baccalaureate**

During their final two years, the Green Literacies focus on students selecting 1 of 5 climate pathways to have a more focused impact for a greener world. For example, each pathway combines 3 A levels (Global Perspectives plus two other subjects), and a Capstone Climate Project to create a unique diploma that is globally recognised for university access.









# Green-focused pathways leveraging the Global Perspectives A level



Regenerative Entrepreneurship	Ecological Sciences	Renewable Technologies	Environmental Governance	Sustainable Arts		
Intro to Regenerative Entrepreneurship	Introduction to Ecology	Introduction to Renewable Technologies	Introduction to Environmental Governance	Introduction to Sustainable Art and its Principles		
Design Thinking Practices	Ecology and Ecosystems	Solar Energy	International Approaches to Environmental Governance	Sustainable Design in Arts		
Social Innovation Principles	Biodiversity and Conservation	Wind Energy	Civil Approaches to Environmental Governance	Environmental Awareness in Arts		
Business Planning and Strategy	Global Environmental Issues	Hydro Energy	Corporate Approaches to Environmental Governance	Sustainable Art Materials and Techniques		
Social and Environmental Impact Assessment	Population and Community Ecology	Geothermal Energy	Environmental Governance Impact Assessment	Sustainable Art Movements		
Funding and Investment for Regenerative Enterprises	Environmental Science and Sustainability	Biomass Energy	Civil Approaches to Environmental Governance	Sustainable Art Production		
Legal and Ethical Considerations	Applied Ecology and Conservation	Project Planning and Management	Challenges and Opportunities in Governance	Future of Sustainable Arts		
Case Studies in Regenerative Entrepreneurship	Case Studies in Ecological Sciences	Case Studies in Renewable Technologies	Case Studies in Environmental Governance	Sustainable Art Project or Series		
Pathways diploma using one of the above Global Perspectives alongside 2 A Levels (CIAE)						
ccounting Biology Design technology Politics Art & Design						
Math	Chemistry	ICT	Law	Drama		
Economics	Physics	Computer science	History	Media Studies		
Business	Environmental management	Engineering	English	Dance		
Law	Marine sciences	Geography	Sociology	Music		
Greenstone Project - IPQ (CIAE)						

The 5 pathways above capture the kinds of exemplar concepts that might be pulled from existing A levels or elsewhere. It is offered here as only and example to show the potential to create inter-disciplinary pathways that also meet the disciplinary expectations of a wide range of A level courses.



# Green School Environment

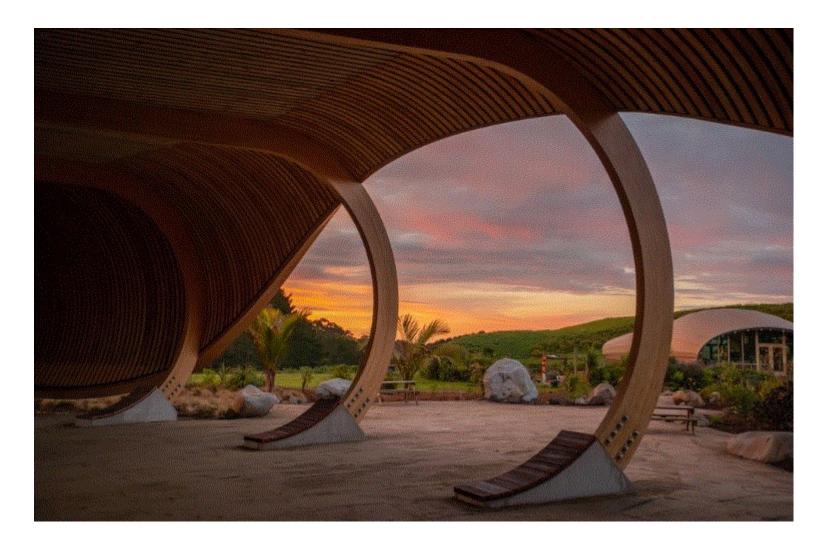
# Education in Motion

# School without walls – Green School, Bali



# Iconic architecture - Green School, New Zealand





## Biophilic architecture - Green School, New Zealand





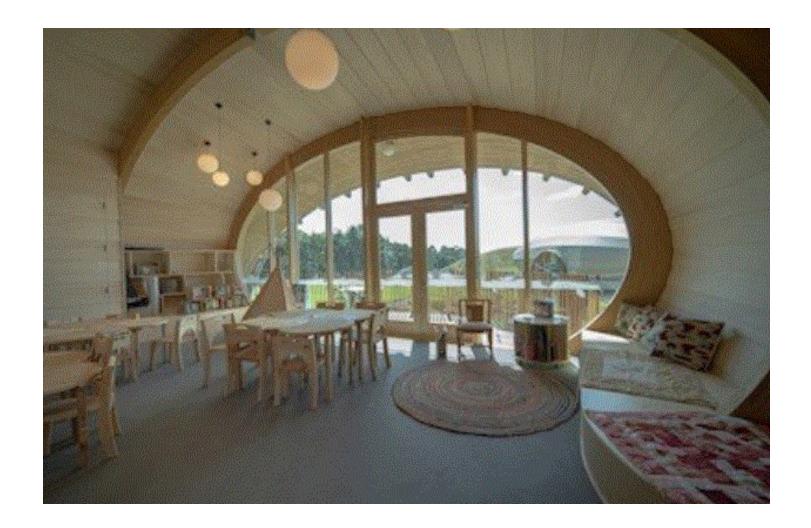
### Inspiring architecture - Green School, New Zealand





# Enhancing flourishing - Green School, New Zealand





# Nurturing creativity - Green School, New Zealand





# Engaging students - Green School, Bali

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### Collective engagement - Green School, Bali





# Building community - Green School, Bali





### The Bridge

Green School for Grown-ups: a co-learning center of change, inspiration and reflection for Parents, set on the campus of Green School Bali.

# A salutogenic approach in Green School's learning communities



Salutogenic approaches

Harmony

Health

Balance

Direction

Agency

Purpose

Entropy Imbalance Disease Confusion Disempowerment Purposelessness

Pathogenic approaches