### The Future of Schooling

Navigating Complexity to Foster Regeneration.

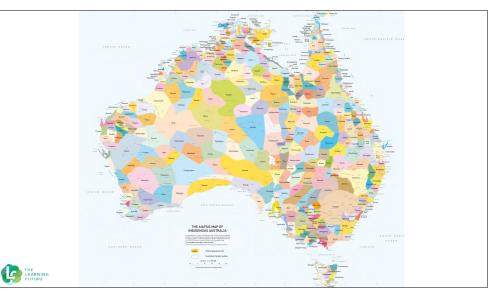
ReimaginED October 2023

Louka Parry CEO + Founder

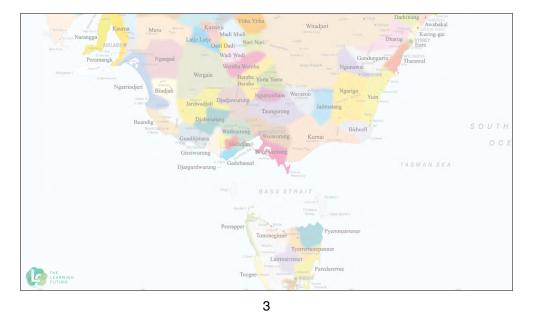
Dr Anne Knock Director of Leadership + Culture







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Enraged	Panicked	Stressed	Jittery	Shocked	Surprised	Upbeat	Festive	Exhilarated	Ecstatic
Livid	Furious	Frustrated	Tense	Stunned	Hyper	Cheerful	Motivated	Inspired	Elated
Fuming	Frightened	Angry	Nervous	Restless	Energized	Lively	Excited	Optimistic	Enthusiastic
Anxious	Apprenhensive	Worried	Irratated	Annoyed	Pleased	Focused	Нарру	Proud	Theilled
Repulsed	Troubled	Concerned	Uneasy	Peeved	Pleasant	Joyful	Hopeful	Playful	Blissful
Disgusted	Glum	Disappointed	Down	Apathetic	At Ease	Easygoing	Content	Loving	Fulfilled
Pessimistic	Marose	Discouraged	Sad	Bored	Calm	Secure	Satisfied	Grateful	Touched
Alienated	Misrable	Lonely	Disheartened	Tired	Relaxed	Chill	Restful	Blessed	Balanced
Despondent	Depressed	Sullen	Exhausted	Fatiguied	Mellow	Thoughtful	Peaceful	Comfortable	Carefree
Despair	Hopeless	Desolate	Spent	Drained	Sleepy	Complacent	Tranquil	Cozy	Serene



"Emotion regulation is not about not feeling. Neither is it exerting tight control over what we feel. And it's not about banishing negative emotions and feeling only positive ones. Rather, emotion regulation starts with giving ourselves and others the permission to own our feelings-all of them."

- Professor Marc Brackett

Integumentary system (skin) Skeleton + Muscle systems Nervous + Endocrine systems

Circulatory + Lymphatic systems

Digestive system

Urinary system Respiratory system Reproductive system

Also ... Not pictured Immune system Metabolic syster

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### Dr Stephen Porges.

### **Polyvagal Theory**

Our autonomic nervous system especially the vagus nerve - plays a huge role in regulating our health and behaviour. In fact, in our entire human experience.

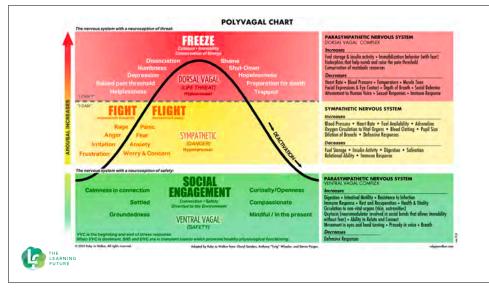


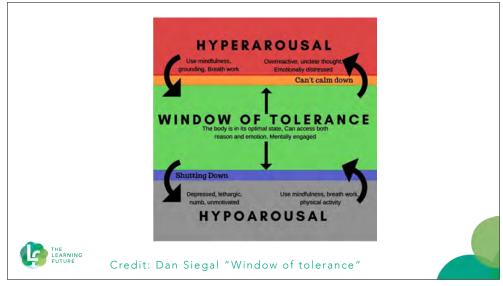
Poly Vagal Theory suggests the state of our nervous system determines how **safe and connected** we feel in day-to-day life.

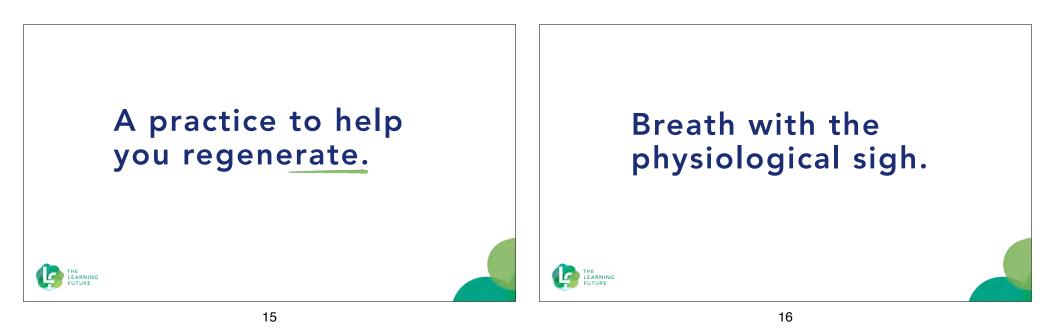
And more importantly, how safe and connected **others feel around us**.

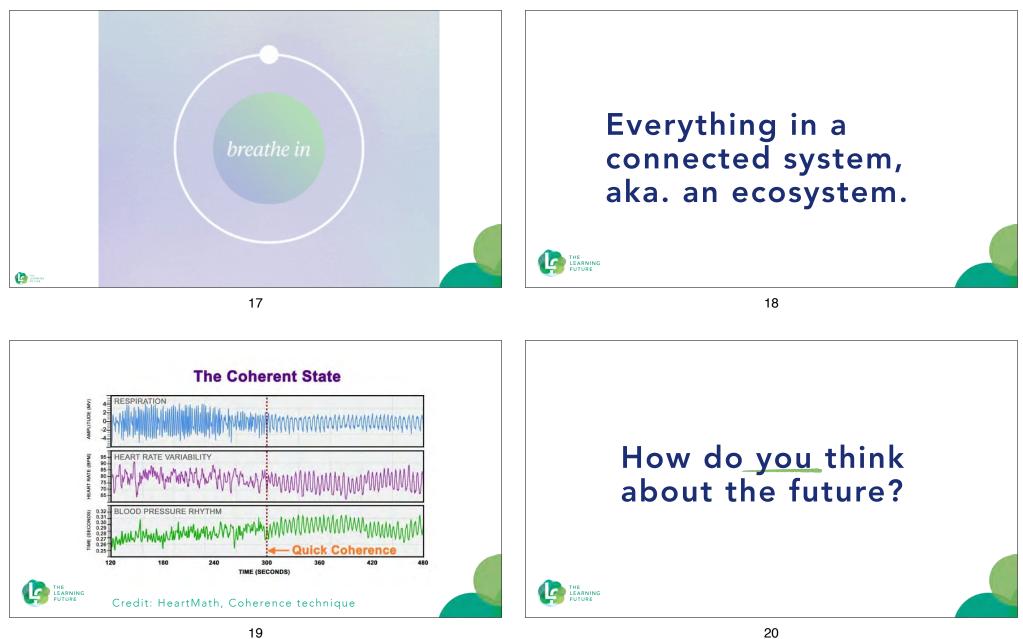




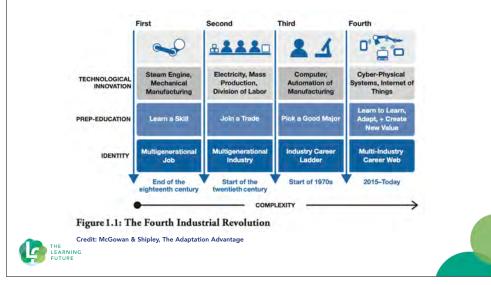








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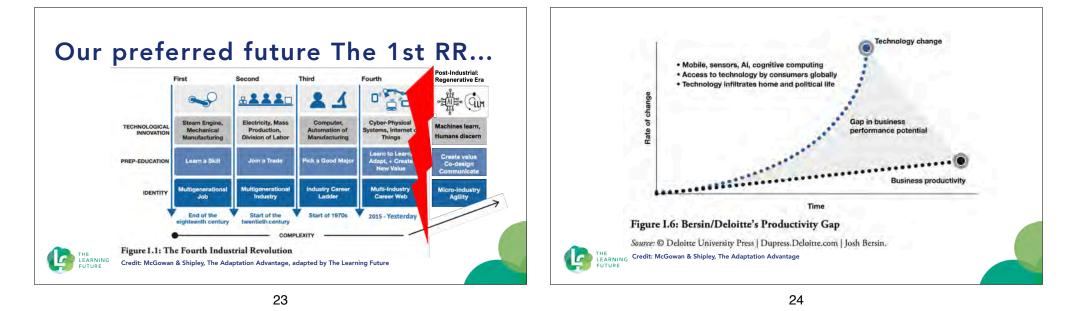


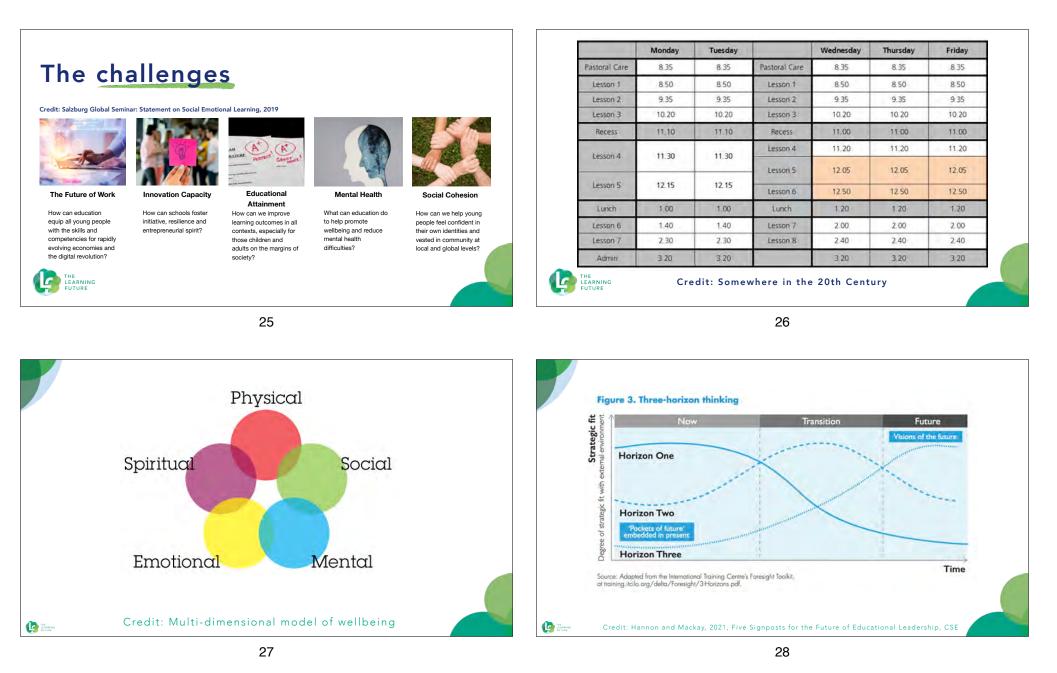
Pause... What is the future we actually want?

# Just because we can, should we?

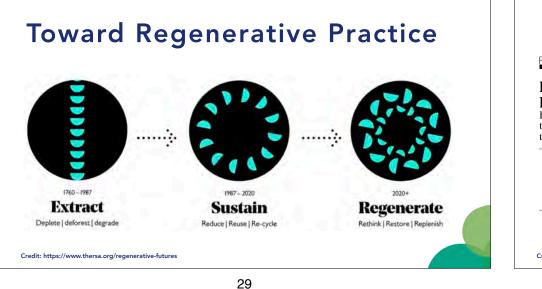
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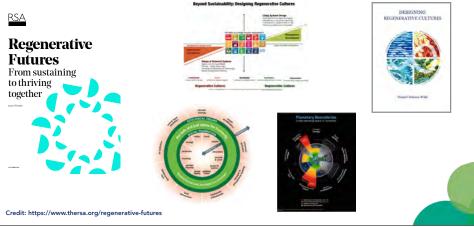




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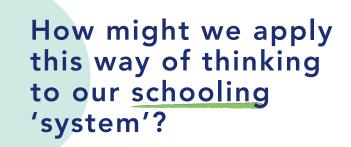
### **Towards Regenerative Education**



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What is made possible by this kind of thinking, doing and being?

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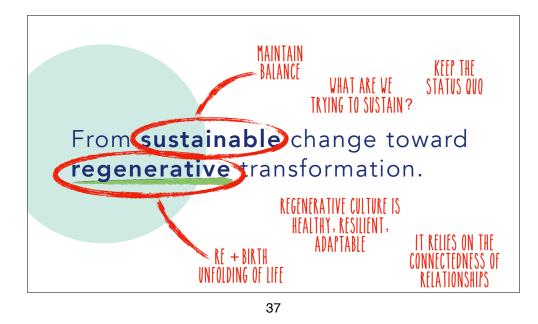
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## **Thinking Regeneratively**

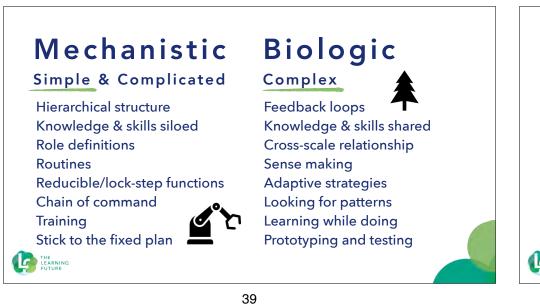
*learning through nature + biomimicry* 

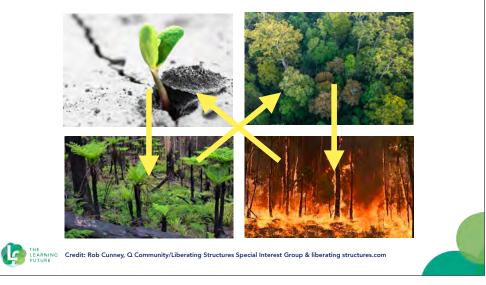
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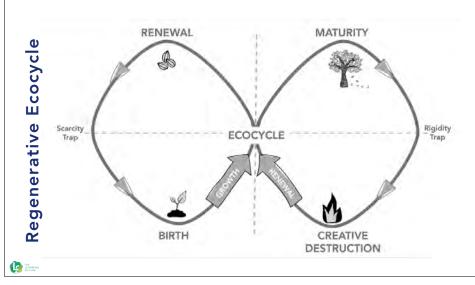
From **sustainable** change toward **regenerative** transformation.





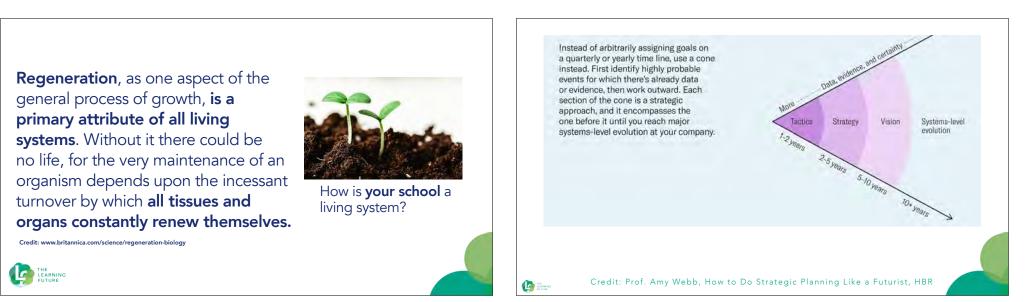












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Multiple mitigating variables

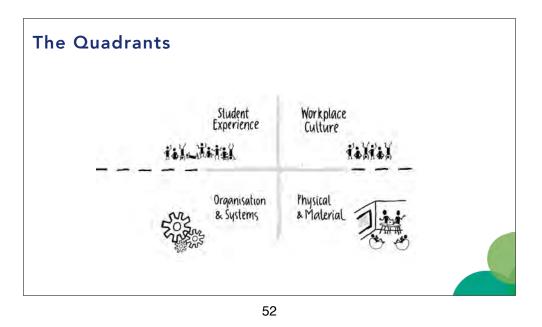
Multiple consequential outcomes

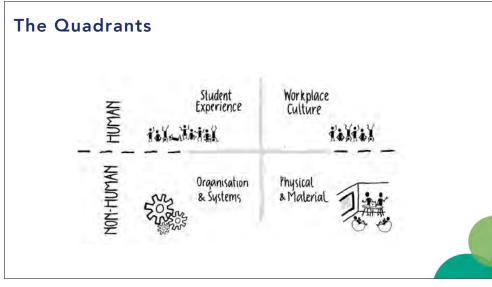
Multiple plausible options

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A complex problem...

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# The Quadrants

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### Complexity -> Ecosystem -> School



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If we believe that a school is an ecosystem, and act that way, then we shift our perspective. We realise that **every element of a school** affects other parts.

Credit: Maurice J Elias, What Kind of Ecosystem Is Your School?

https://www.edutopia.org/blog/what-kind-ecosystem-your-school-mauriceelias#:~:text=A%20school%20is%20an%20ecosystem.,and%20conduct%20ourselves%20within%20them.

### Provocation Walk: Looking at the human through the lens of life-centred **regeneration**:

How are we going beyond rigid parameters in our education system, to **revitalise** biological life (all humans + nature)? How are we **regenerating** and actively improving our immediate ecology?

How can we **promote growth and thriving** and **creative destruction**, rather than simply maintenance? How are we supporting our **human systems as a whole**?



How are we supporting our **human systems as a whole**?

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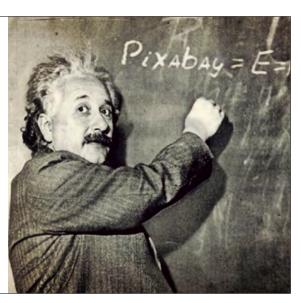
Don't teach for the answers, which could not be given to you now, because you would not be able to live them. The point is to live everything. Live the questions now. Perhaps then, someday in the future, you will gradually, without even noticing it, live your way into the answer.

- Rainer Maria Rilke 1903

"The important thing is to **not stop questioning**. Curiosity has its own reason for existing."

Albert Einstein





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"You cannot get through a single day without having an impact on the world around you. What you do makes a difference, and you have to decide what kind of difference you want to make."

- Jane Goodall

Join us for more conversation in Curated & Created, our LearnLetter

Please say hello ... hello@thelearningfuture.com

Louka Parry CEO + Founder

Dr Anne Knock Director of Leadership + Culture







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